

DR. RAJENDRA GODE INSTITUTE OF NURSING SAGWAN, BULDHANA

REPORT ON YOGA DAY CELEBRATION 2025

Date- 21-06-2025

Time-7.30 am-9.00am

Duration – 1 and half hrs

Dr. Rajendra Gode Institute of Nursing celebrated the 11th United Nations International Day of Yoga on 21st June 2025 embracing the theme “Yoga for One Earth, One Health.” The program was attended by the Chief Guest Mr. Bhagwan Sawale, trainee or program support volunteer, the Art of Living, Buldhana, Professor Amol Ramteke Principal of Dr. Rajendra Gode Institute of Nursing, sagwan, Administrative officer Mrs. Sunita Shelke and other teaching-, non-teaching faculties.

The Program was started at 7.30 am after arriving our Chief Guest Mr. Bhagwan Sawale, yoga trainee with introduction and warm welcome by the Amol Ramteke, Principal of Dr. Rajendra Gode Institute of Nursing, sagwan.

Later on Mr. Sawale, Yoga guider have share the importance of yoga and taught the various yoga asanas and meditation followed by a detailed explanation of their benefits with our students present in the college. Students from all the classes, teaching and non-teaching faculties participated in yoga session and done the yoga by following the instruction given by the trainer to promote the practice of yoga and its physical and mental wellbeing benefits. All the students were excited and energetic. We all celebrated the day with lot of eagerness and joy. It's a very interesting day for all of us. The experience we got was really amazing and important.

Program was over with the vote of thanks given by the Principal Mr. Amol Ramteke



