

## VISIT REPORT ON OLD AGE HOME

Name of College: Dr. Rajendra Gode Nursing Institute, Buldana

Place of Visit: Shree Samarth Old Age Home, Near Chandak Layout, Chikhali Road, Buldana

Date of Visit: 17th October 2025

Time: 11:00 a.m. – 1:00 p.m.

Course: 7th Semester (4th Year B.Sc Nursing)

Subject: Community Health Nursing

Guided by: Miss Priyanka Rathod, Miss Shubhangi Adhu

Submitted by: Nirmal Nandkishor Manwar

### **1. Introduction:**

An old age home is a residential care facility that provides shelter, medical care, food, and companionship to elderly individuals who are homeless, neglected, or without family support. Shree Samarth Old Age Home in Buldana offers a peaceful environment where senior citizens can live with dignity and comfort. The home provides essential amenities, health services, and social interaction opportunities to improve their quality of life. As part of the Community Health Nursing curriculum, we conducted a visit to the old age home to understand the organization, services provided, and the overall lifestyle of the elderly residents.

### **2. Objectives of the Visit:**

- To study the organization and functioning of the old age home.
- To understand the physical, psychological, and social needs of elderly residents.
- To observe the facilities and health services provided.
- To develop empathy and positive attitudes toward the elderly.
- To gain practical knowledge about geriatric nursing care.

### **3. Date, Time, and Duration:**

Date: 17th October 2025

Time: 11:00 a.m. to 1:00 p.m.

Duration: 2 hours

#### 4. Population Details:

Total Residents	7
Male	2
Female	5
Age Group	75–85 years
Marital Status	Widows and one married couple
Common Health Conditions	Hypertension, hearing impairment, visual disability

#### 5. Services Provided by Old Age Home:

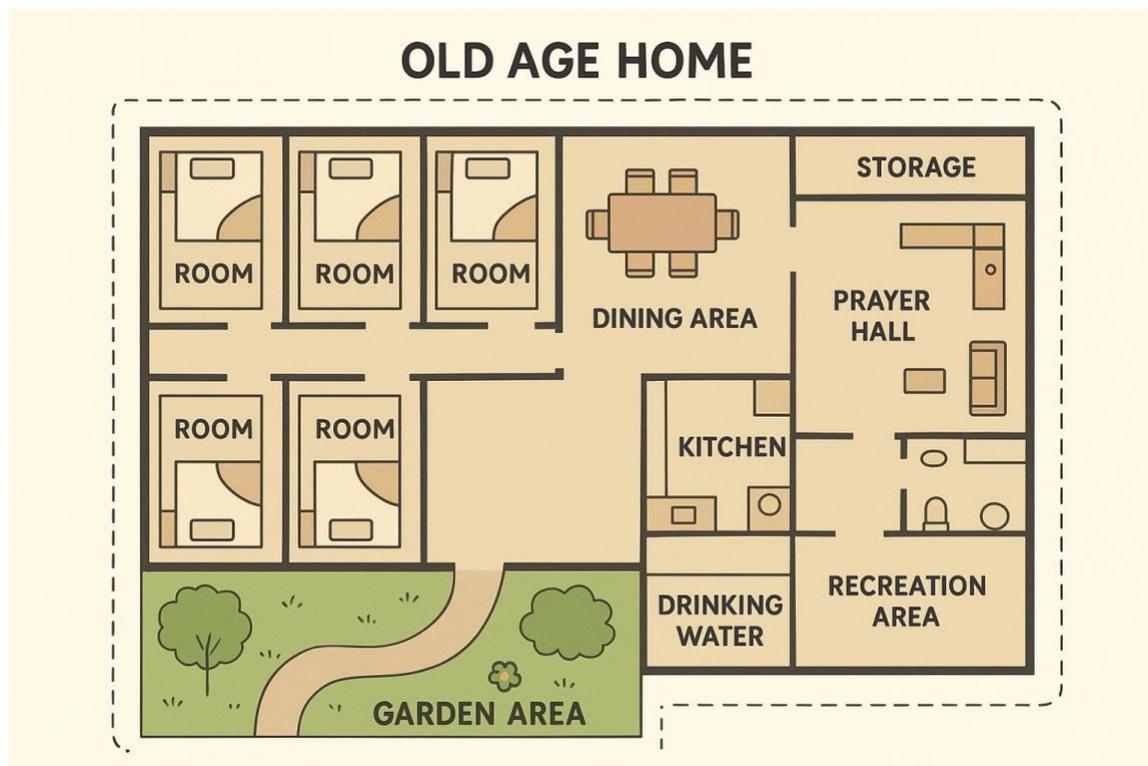
- Accommodation & Food:
  - Clean rooms with adequate lighting and ventilation.
  - Nutritious vegetarian meals provided three times a day.
  - Tea and snacks served twice daily.
- Health Services:
  - Regular check-ups by visiting doctors.
  - Monitoring of blood pressure and medication administration.
  - Basic first-aid and emergency care available.
- Recreational Activities:
  - Television, newspapers, and devotional programs.
  - Group prayers and cultural celebrations.
- Counselling & Emotional Support:
  - Interaction and motivation by social workers.
  - Family visits encouraged to maintain emotional well-being.
- Spiritual Support:
  - Daily prayers and meditation sessions for peace of mind.

## 6. Staff Pattern:

Designation	Number	Duties
Manager	1	Administration and overall supervision
Social Worker	1	Counselling, coordination, and resident support

## 7. Infrastructure and Facilities:

- Well-maintained building with 5 rooms.
- Dining area with clean kitchen and storage.
- Prayer hall and recreation area.
- Clean washrooms and drinking water facility.
- Garden area for relaxation.
- Electricity, fan, and adequate lighting available.



### **8. Observations:**

The environment was calm, clean, and comfortable. Residents appeared satisfied and content with care and attention. Some elderly people had minor health issues but were being managed well. Staff members were caring, patient, and respectful toward the residents. The visit helped understand the importance of emotional support and respect for older adults.

### **9. Conclusion:**

The visit to Shree Samarth Old Age Home was an enriching and emotional experience. It provided an opportunity to observe the living conditions, health needs, and emotional aspects of elderly care. As nursing students, we learned that old age homes play a vital role in providing safety, healthcare, and dignity to senior citizens. This experience strengthened our understanding of geriatric nursing, empathy, and the importance of social support for the aged population.

